



“The Descent of the Holy Spirit in the Cenacle of the Apostles”...

FROM THE ACTS OF THE APOSTLES :

“All these devoted themselves with one accord to prayer, together with some women, and Mary the mother of Jesus...” (Acts 1:14)¹

MEDITATION ON THE MYSTERY:

Lord, give us the grace – if we want the Holy Spirit to descend ever more fully upon us – to be united and in agreement, dedicated to prayer at the feet of Mary and in communion with the Apostles: because where we find Mary together with the Apostles (that is, a Marian spirit of listening to God together with the bishops under St. Peter), the Holy Spirit fully and abundantly descends! (cf. Acts 2:1-4; UR n.3)
(cf. SLC, p. 443)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards to agreement and disagreement, St. Cyprian writes: “God does not receive the sacrifice of one who lives in conflict; and he orders us to turn back from the altar and be first reconciled with our brother, that God too may be appeased by the prayers of one who is at peace.”
(CYPRIAN, in *Off. of Read.*, Friday Week XI O.T.)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)
- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...